

ALM Later Life Care Elective

Date & Time	Session Plan
<p>2/02/23 7pm – 9pm Church Hall @ Holy Trinity Parish Church, Hoghton, Blackburn Old Road Blackburn PR5 0SJ</p>	<p>Discovering the wisdom of those in later life</p> <ul style="list-style-type: none"> • Brief overview of the course and its aims • Reflect on our views of later life and ageing • Explore the inspiration of those in later life both in the bible and in life • Introduce the concept of Anna Chaplaincy
<p>9/02/23 7pm – 9pm Church Hall @ Holy Trinity Parish Church, Hoghton</p>	<p>Spirituality in later life: Listening to stories</p> <ul style="list-style-type: none"> • Explore spirituality in later life and the shift of focus • Listen to stories from later life from around the world • How can we enable those stories to be heard?
<p>23/02/23 7pm – 9pm Main Church building @Holy Trinity Parish Church, Hoghton,</p>	<p>The Impact of Frailty on Daily Life & Worship</p> <ul style="list-style-type: none"> • Think about the dominant discourse on ageing in western culture • Explore how physical changes of later life may impact on function within a church service by participating in a service with a temporary impairment • Consider how those physical changes might be accommodated and seen as an opportunity in our own context
<p>2/03/23 7pm – 9pm Church Hall @ Holy Trinity Parish Church, Hoghton</p>	<p>Thinking about memory and Cognitive Impairment</p> <ul style="list-style-type: none"> • Explore how memory and mental health impact on function in later life • Reflect on how those changes provide both opportunities and challenges • Introduce the concept of dementia friends
<p>11/03/23 10am – 3pm St Catherine’s Hospice</p>	<p>Walking each other home: End of Life Care</p> <ul style="list-style-type: none"> • Explore the role of spiritual care as part of end of life care in hospital, care home, at home and in hospice • Introduce the concept of advance care planning and choice • Introduce Dying Matters and grave talk resources
<p>16/03/23 7pm – 9pm Church Hall @ Holy Trinity Parish Church, Hoghton</p>	<p>Working with Care Homes & Next Steps</p> <ul style="list-style-type: none"> • Overview of care homes • Share experiences of making contact and visiting care homes in your context • Dos and don’ts of working between church and care home • What next for each participant?